

Eastwood Park COVID-19 policy

This policy sets out Eastwood Park's approach to safeguarding visitors and staff against the spread of COVID-19 whilst they carry out their training or undertake work for the business during the ongoing pandemic. It includes:

- A general overview of COVID-19 and the measures Eastwood Park has taken so far
- An overview of the measures that Eastwood Park has now put in place to ensure a safe return to training and work, supported by the Government's "Working safely during Coronavirus (COVID-19)" guidance
- Advice on what to do if an individual is suspected to have, or tests positively for COVID-19 when due to attend, is attending or has recently attended training or work at Eastwood Park

Introduction

As the spread of the virus accelerated across the UK, on 22 March 2020 Eastwood Park postponed all planned events and training and closed its main house and accommodation until July 2020. This was shortly followed by the Government announcing the nationwide lockdown on 23 March 2020.

After a considerable period of closure, Eastwood Park recommenced its delivery of training from 29 June 2020 as planned.

This was in line with the new "Working safely during Coronavirus (COVID-19)" guidance, the Government's gradual easing of lockdown and introduction of Eastwood Park's own COVID-19 policy.

As of 02 December 2020, Eastwood Park's local authority of South Gloucestershire was placed under tier 3 restrictions, however, essential training for key workers was able to continue.

In January 2021 the level of coronavirus cases in hospitals was rising significantly and reports of new variants that were more transmissible being reported. Consequently, the difficult decision was taken to once again temporarily and voluntarily suspend face-to-face training at Eastwood Park's training centre in support of the national lockdown. The business remained open to continue to provide a service to its customers with essential onsite and online training where urgent and appropriate.

We resumed practical face to face training mid-February 2021, following an investment in lateral flow testing, in addition to normal safeguarding measures.

From 19th July 2021

In light of the latest government guidelines and Step 4 of the COVID-19 roadmap in England, all restrictions are being lifted.

Eastwood Park Ltd will continue to:

- encourage all to maintain a regular self-testing regime, with an expectation that all those attending site will have tested negative beforehand, while free testing remains widely available
- encourage everyone to respectively socially distance
- expect all staff to continue to test twice weekly

- encourage the wearing of face coverings when moving around the site and in close contact with others
- remind customers and staff to clean their hands regularly
- provide sanitiser throughout the premises
- thoroughly and regularly clean surfaces that people touch frequently
- encourage the ventilation of all areas
- display QR codes for customers to check-in using the NHS COVID-19 app, to support NHS Test and Trace, although it will no longer be a legal requirement
- encourage all customers and staff to stay at home if unwell to avoid passing on illnesses in the community and to self-isolate and get tested if they show any COVID-19 symptoms

Eastwood Park will continue to closely monitor the national situation and respond to changing circumstances and government guidelines.

An overview of COVID-19

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

In December 2020 the UK government began its extensive vaccination programme to the most vulnerable and those working in key sectors.

More recently, new variants have also been identified.

The most common symptoms of COVID-19 remain as follows:

- **a high temperature**
- **a new, continuous cough**
- **a loss or change to your sense of smell or taste**

Reference: NHS <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

Help control the virus

To protect yourself and others, you must:

- wash hands
- cover face
- make space - stay at least 2 metres away from people not in your household

If you have any of the main symptoms of coronavirus:

- Get a test to check as soon as possible.
- You and anyone you live with should stay at home and not have visitors until you get your test result – only leave your home to have a test.

Location

Being situated on a 200-acre country estate in the Gloucestershire countryside, Eastwood Park has plenty of space to accommodate learners in a peaceful and isolated location, where it is able to effectively limit any non-essential visitors to the site.

The estate remains closed to all apart from learners undertaking training that week, essential staff, essential deliveries and on occasion, a minimal number of approved contractors and visitors only if absolutely necessary.

Travelling to Eastwood Park

Learners **must not** travel to Eastwood Park if they display any symptoms of COVID-19 which include

- Fever (high temperature)
- a new, continuous cough
- loss of taste/ and or smell

Or have had a positive COVID-19 test within the required isolation period.

Onsite training (at the customer's premises) also continues to be available - subject to the receipt of a suitable COVID-19 policy and risk assessment and the availability of accommodation.

Track and trace

A QR code is on display at entrance points for scanning with the official NHS COVID-19 app and paper forms available for those who do not have access to a smart device. The NHS COVID-19 app QR code should be scanned daily.

After 21 days, this information will be securely deleted. We may share this information with the NHS test & trace system to help minimise the transmission of COVID-19 and support public health and safety.

The data will not be used for other purposes, including marketing, profiling, analysis or other purposes unrelated to contact tracing.

Lateral flow testing and temperature checks

We encourage all to maintain a regular self-testing regime, with an expectation that all those attending site will have tested negative beforehand, while free testing remains widely available.

If the individual displays symptoms, presents a positive lateral flow test or displays a temperature >37.5 on arrival suitable arrangements will be made and designated rooms will be allocated for these purposes.

Any records that are retained will be kept in line with GDPR and the temperature will only be recorded if action has to be taken.

PPE & face coverings

Face coverings

We are actively encouraging everyone to continue to wear face coverings when moving around the site and when in close contact with others.

PPE for practical training

If at any stage social distancing is not possible, for example when carrying out certain practical activities, Eastwood Park has procured the appropriate PPE to allow learners to continue to benefit from specialist facilities whilst protecting themselves from COVID-19.

Training areas and facilities

Social distancing

Eastwood Park has undertaken a comprehensive review of its classrooms, practical training areas, offices and main house to mark out distances of 2m as per Government guidance, and ensure that training can take place with appropriate social distancing in place.

Offices

Staff will continue to work from home unless their role dictates that work must take place on site, and only after agreeing this with their line manager.

Offices have been reviewed and adjusted accordingly to ensure that a 2m distance can be maintained at all times for staff who do need to be in the office.

Cleaning and hygiene

Eastwood Park will continue with its robust cleaning schedule across the site, as it has been doing since the threat of COVID-19 heightened in the UK.

Training / Office areas

All areas and associated equipment will be deep-cleaned regularly.

The notes and stationery material provided on the course are new and for the use of the individual learner only.

Shared areas

Shared areas including toilets and refreshment stations will be deep-cleaned and sanitised regularly.

Water dispensers will be sanitised regularly.

One refreshment station will be available per classroom area to minimise contact between groups, which will be set up for minimal handling.

In line with latest government guidelines, all communal areas, including the games room and gym remain closed.

Accommodation

Eastwood Park has 70 bedrooms within its main house which will be used to accommodate learners during their period of training.

All bedrooms are en-suite and fully equipped with toilets and shower/bath facilities which are available exclusively for the learner's use for the duration of their stay.

There will be one mid-week room service during a week's stay and we request that guests ensure all personal possessions are packed away so that we have clear access for cleaning. Guests can opt out of this mid-week clean by informing Reception.

For those not staying a full week, the room is fully serviced prior to their visit and no further cleaning will take place until the guest leaves.

Fresh towels and toiletries are available on request from reception at any time.

All learners will be accommodated on site for the foreseeable future, with no out-bookings to local hotels as has been offered in the past.

Outdoor space

Eastwood Park is in the fortunate position to be set within a private 200-acre country estate, with plentiful options for learners to take their daily exercise following the latest government restrictions.

Catering arrangements and break times

Breakfast and dinner will be served in line with government guidance, with social distancing in place throughout. Meal times will be advised at the start of the course.

Learner lunches may be provided as a lunch box where required, and delivered to the classroom areas.

All hospitality and catering arrangements will comply with the latest government guidelines.

Staff and trainer briefings

Eastwood Park's staff and trainers are fully briefed on Eastwood Park's COVID-19 policy and fully informed of the virus, symptoms, necessary hygiene measures (hand-washing etc), social distancing measures and the requirement to self-isolate if symptoms are displayed.

Similarly, they will be briefed on the process to follow should fellow staff, trainers or learners display symptoms while on site.

Due to attend training – what to do if COVID symptoms present or a positive test is received or you are required to isolate

If booked on training with Eastwood Park during the isolation/recovery period, learners are requested to contact the Sales Team on +44 (0)1454 262777 or training@eastwoodpark.co.uk as soon as possible, who will be happy to help transfer your booking to the next available date.

Please note, however, that if Eastwood Park does not receive any contact from the customer, they will be liable for any charges incurred, even if the training does not go ahead, as set out in booking terms & conditions.

If you display symptoms while on site

Immediately inform the trainer, line manager or other point of contact on site.

The individual should call 111 to seek medical advice and take precautionary measures to limit the spread including using a disposable tissue to cover their mouth/nose whilst coughing or sneezing, avoid touching surfaces as much as possible and returning home whilst limiting contact with others as soon as possible.

The area used by the individual to isolate will then be left vacant for 72 hours before it is deep cleaned and disinfected. If it is not possible to keep the area closed for this long, for example if the individual spent considerable time in a public area, then it will be deep cleaned immediately and kept closed until this is done.

Once a test result has been sought, they are requested to contact Eastwood Park with the result so it can inform other learners or staff that the individual may have had close contact with accordingly.

Employees should contact their Managers to agree a period of remote working or period of absence.

If training is taking place in the learner's workplace, they should follow their organisation's own COVID-19 policy and inform their Trainer who will contact Eastwood Park regarding next steps.

Other scenarios

Eastwood Park closes temporarily as a result of COVID-19

In the event Eastwood Park has to close its site due to COVID-19 then it will contact customers in order of date proximity to make alternative arrangements and/or postpone bookings to a later date.

The client closes temporarily as a result of COVID-19

If the customer has to close their site due to COVID-19 then Eastwood Park will do its utmost to make alternative arrangements for any on site training booked and/or postpone to a later date.

Please note, however, that if Eastwood Park does not receive any contact from the customer, they will be liable for any charges incurred, even if the training does not go ahead, as set out in booking terms & conditions.

What we ask of our staff and learners

To prevent the transmission of COVID-19, Eastwood Park asks that anyone who visits the site and/or delivers training at an alternative on site location practices good hygiene and takes the necessary steps to safeguard themselves and those around them as set out in government guidance and this policy, including

- Not travelling to Eastwood Park if displaying any symptoms of COVID-19 or if they/a close contact has tested positive for COVID-19
- Informing Eastwood Park immediately if any of the above situations occur
- Maintaining a social distance of at least 2m from others at all times, or if not possible, 1m+mitigations
- Actively encouraged to wear a face covering
- Practising proper hand-washing with soap and water and/or hand sanitiser
- Avoiding sharing food, equipment and personal hygiene items
- Covering their nose and mouth with tissue when sneezing or coughing
- Disposing of dirty tissues in the bin
- Any other measures as set out in this policy and as directed by Eastwood Park staff and/or the Trainer.

This policy and the measures set out are subject to change following developments in government advice and regulations and are regularly reviewed.

If you have any questions on the above, or regarding your upcoming training/ that of your teams, please get in contact and our team will be happy to help.

Call +44 (0)1454 262777 or email training@eastwoodpark.co.uk.